



## **Sailing Instructions**

### **2025 ILCA MASTER (ILCA 6 & ILCA 7)**

**Central & South American Championships December 4th – 7th**

**Venue: Montevideo, Uruguay**

**Organizing Authority: Yacht Club Uruguayo and the Asociación Uruguaya de Laser**

#### **1. RULES**

1. The event will be governed by the 'rules' as defined in the Racing Rules of Sailing 2025-2028. The prescriptions of the National Authority will not apply.
2. ILCA class rule 7 (a) is restricted as follows: "Only one competitor shall be on board whilst racing. The competitor shall be named on the entry form."
3. Appendix P "Special Procedures for Rule 42" will apply.
4. Appendix T "Arbitration" will apply.
5. In all rules governing this event. (a) (DP) denotes a rule for which the penalty is at the discretion of the Jury; and (b) (NP) denotes a rule that shall not be grounds for protests by a boat. This changes RRS 61.1(a).
6. (NP, DP) Advertising - The organizing authority may require competing boats to carry event sponsor advertising.
7. If there is a conflict between languages the English text will take precedence.

#### **2. NOTICES TO COMPETITORS**

1. Notices to competitors will be posted on the virtual Notice Board in the event's website <https://viramos.com/championships/711cff0c-3fbf-41d0-aef0-39398fac27d5>
2. The Race Office is located at the Yacht Club Uruguayo, "Instituto Nautico".

#### **3. CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 09:30 on the day it will take effect, except that any change to the schedule of races will be posted before 18:00, on the day before it will take effect.

#### **4. REGISTRATION**

Each competitor shall register at the race office and complete all required registration formalities before racing. Competitors that do not complete all required registration formalities will not be assigned to fleets.

#### **5. EQUIPMENT PROTESTS (NP, DP)**

1. Equipment protests will only be accepted from either the race committee, technical committee or jury. This changes RRS 60.2(b).
2. If a boat is sailed without a centerboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 30% of the score for did not finish rounded to a whole number (rounding 0.5 upward) will, without a hearing, be added to the boats score in the last completed race in which she was racing without a centerboard stopper or the retention line. However, she shall not be scored worse than DSQ. This changes RRS 60.5 (b) RRS A5.



3. If a sail, top mast, or bottom mast has been changed prior to a race without the permission required by instruction 6.3 the competitor will be disqualified without hearing from the last completed race when the change was used. This changes RRS 60.5 (b) and RRS A5.
4. For any other equipment protest, the jury may apply an alternative penalty to disqualification.

## 6. BOATS AND EQUIPMENT (NP, DP)

1. The event will be sailed in Laser class boats as recognized by World Sailing, commonly sold under the brand name "ILCA" or "Laser." All boats must have a valid World Sailing plaque attached in accordance with the ILCA class rules to the aft face of the cockpit.
2. Each competitor shall use only one hull, sail, batten set, mast, boom, centerboard and rudder.
3. In the event of damage, boats and equipment may only be substituted with the written permission of the technical committee. If the damage occurs less than two hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, jury or race committee and the written permission of the technical committee shall be applied for before the end of the protest time limit at the end of the day in which the substitution takes place.
4. When ashore boats shall be kept in their assigned places at the venue.
5. Boats may be required to display identification numbers.
6. Boats may be required to carry cameras, sound equipment or positioning equipment as specified and supplied by the organizing authority.

## 7. RACE FORMAT

1. The event will consist of a single series with 6 (six) races scheduled.
2. 03 (three) races are required to constitute a series.

## 8. SCHEDULE OF RACES

1.

Date	Time (UTC-3)	Activity
December 4th	09.00 - 12.00 & 13.00 - 18.00	Registration.
	18:00	Opening ceremony
December 5th	13:00	Races
December 6th	11.00	Races
December 7th	11.00	Races
	19.00	Closing Ceremony at Yacht Club Uruguayo

2. Each day succeeding races will start as soon as practicable after the finish of the previous race.
3. On the last day of the championship, no warning signal will be made after 16:00.
4. The schedule may be changed to sail more than two races a day, with a maximum of three races a day.

## 9. SIGNALS MADE ASHORE

1. Signals made ashore will be displayed on the flag mast near the boat ramp.
2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.



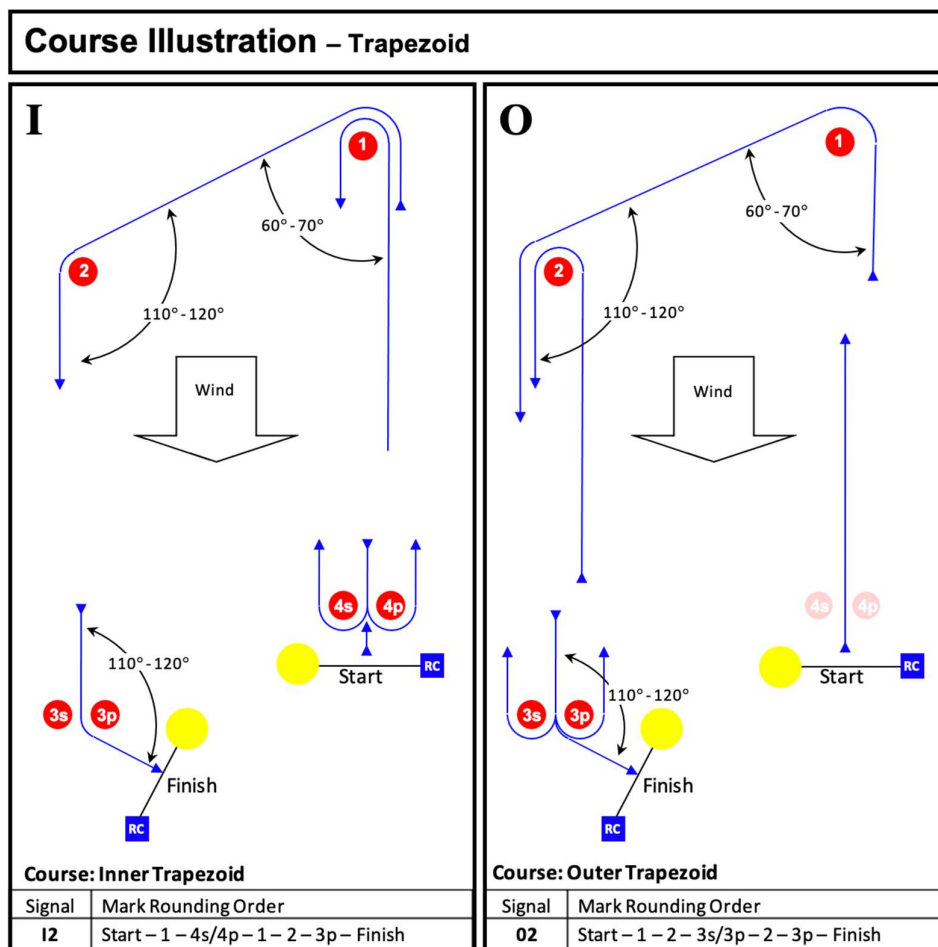
## 10. CLASS FLAGS

ILCA 7 – White flag with ILCA logo.

ILCA 6 – Green flag with ILCA logo.

## 11. THE COURSES

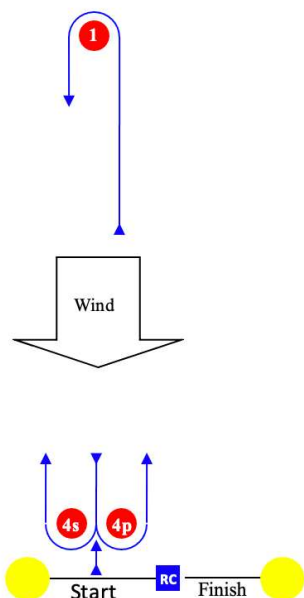
- The diagram shows the courses, the order in which marks are to be passed and the side on which each mark is to be left.





## Course Illustrations – Windward Leeward

**L**



**Course: Leeward finish**

Signal	Mark Rounding Order
<b>L2</b>	Start – 1 – 4s/4p – 1 – Finish

- No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.
- No later than the warning signal, the race committee will display the course to race.  
Oscar Flag - Outer Course  
Romeo Flag - Inner Course  
Whisky Flag - Windward-Leeward Course
- The length of the course will be set for a target time of 45 minutes. Failure to meet the target time will not be grounds for redress under RRS 62.1(a).

### 12. MARKS

- Course marks 1, 2, 2S/P, 3, and 4S/4P will be inflated orange cylinders.
- Change marks will be inflated yellow cylinders.
- The starting line marks will be committee boat and yellow buoy.
- The finishing line marks will be committee boat and yellow buoy.

### 13. THE START

- To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least five minutes before a warning signal is made.
- The warning signal for the subsequent starts will be made as soon as practicable after the previous start.
- The starting line will be between race committee boat and yellow buoy.
- (DP, NP) Boats whose warning signal has not been made shall avoid the starting area during start sequences for other fleets.



5. A boat starting later than five minutes after her starting signal will be scored did not start (DNS). This changes RRS A4 and A5.

#### 14. STARTING PROCEDURE

1. Races will be started using either RRS 30.3 (U Flag Rule), or RRS 30.4 (Black Flag Rule).
2. RRS 30.4 (Black Flag Rule) is supplemented as follows.
  - (a) Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is displayed shall leave the racing area, defined in instruction 13.2(b) before the new preparatory signal. If she fails to do so, she is liable to be scored DNE.
  - (b) Before the starting signal, the racing area is within 100 meters of the starting line. After the starting signal, the racing area is the area within an imaginary line drawn 100 meters outside any point where a boat might sail during normal racing and includes the area bounded by marks 1, 2, 2S/P, 3 and 4S/4P always when any boat of any fleet is still racing.

#### 15. CHANGE OF THE NEXT LEG OF THE COURSE

A change of the next leg of the course will be reset using one or more new marks (described in instruction 12). When new marks are already in use, the course may be further reset using the original marks. Any action or no action by the race committee under this instruction will not be grounds for redress under RRS 61.1(a).

#### 16. ABANDONING A RACE

Under RRS 32.1, the race committee may abandon the race because of a major wind shift or irregular winds or when the wind speed drops below 5 knots as measured by the race committee. Any action or no action by the race committee under this instruction will not be grounds for redress under RRS 61.1(a).

#### 17. THE FINISH

The finish line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the finishing mark at the port end, except when RRS 32.2 'Shortening Course' applies.

#### 18. TIME LIMIT

1. Time limits are as follows:

Time Limit	Mark 1 Time Limit
90 minutes	30 minutes

2. If no boat has passed Mark 1 within the Mark 1 Time Limit the race will be abandoned.
3. Boats failing to finish within 15 minutes after the first boat in her fleet sails the course and finishes will be scored Did Not Finish (DNF) without hearing. This changes RRS 35, RRS A4 and RRS A5.

#### 19. PROTESTS AND REQUESTS FOR REDRESS

1. Protest forms are available at <https://viramos.com/championships/711cff0c-3fbf-41d0-aef0-39398fac27d5>
2. Protests from boats regarding eligibility and class rules must be submitted by the protest deadline of 18:00hs 07/12/2025.
3. Protest time limit is 60 minutes after the last boat of each fleet arrives or the race is abandoned
4. Protest notices will be posted within 30 minutes of the protest time limit for each fleet. Protests will be heard at the jury office (4<sup>th</sup> floor main building).
5. A list of boats that have been penalized for breaking RRS 42 will be posted after racing each day.



## **20. SCORING**

1. 3 (three) races are required to be completed to constitute a championship.
2. When four races have been completed, a boat's score will be the total of her race scores.
3. When five or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.

## **21. TITLES & PRIZES**

The first 5 in the ILCA 7 and ILCA 6 classification and the first 3 in each category will be awarded.

## **22. SUPPORT VESSELS AND COACH/TEAM LEADER MEETINGS (DP, NP)**

1. There will be a coach meeting close to the racing office two (2) hours before the first scheduled warning signal of the first race on the first day.
2. Each support vessel driver shall confirm registration of their vessels and submit the names and sails numbers of the boats they are supporting at the race office before 18:00 December 4th.
3. Each support vessel is required to carry a VHF radio capable of transmitting and receiving all international ship- to-ship channels.
4. Each support vessel driver and crew shall wear a personal flotation device securely fastened at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.
5. When the support vessel engine is running the driver shall be connected to a device that will stop the engine if the driver falls out of the vessel or is otherwise not in control of the vessel.
6. Except when participating in rescue operations support vessels shall stay more than 100 meters from any point where a boat might sail during normal racing and completely outside the area bounded by marks 1, 2, 2S/P, 3 and 4S/4P from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement or abandonment of all fleets. When any boat is racing from mark 5 to the finish, support vessels shall stay out of the area from 100 meters below mark 5 to 100 meters above the finish line. When boats are finishing, support vessels shall stay more than 100 meters.
7. If a support vessel does not comply with instructions 22.3, 22.4, 22.5, and 22.6 a discretionary penalty may be applied by the jury to some or all associated competitors and may include restrictions on the movement of the support boat.

## **23. SAFETY (NP, DP)**

1. Each competitor shall wear a personal flotation device at all times while afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.
2. A competitor who requires assistance should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.
3. If considered necessary, a competitor may be ordered by a race organization boat to abandon his or her boat and board a patrol vessel.
4. A boat that retires from a race shall notify a race committee, safety or jury vessel as soon as possible and the race office immediately after returning to the shore.
5. If a boat is abandoned, it will be marked with hazard tape tied through the bow eye to signal that the competitor is safe.



## **24. RUBBISH/TRASH DISPOSAL**

Trash may be placed aboard support or race official vessels.

## **25. LIABILITY**

1. The Yacht Club Uruugayo, the International Laser Class Association and all their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the event. Competitors take part in the event at their own risk.
2. The establishment of the notice of race and the sailing instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he is sailing.
3. All competitors shall maintain their boats in safe and sea-worthy condition.
4. A competitor shall be in good health and a competent sailor capable of racing in open water in all conditions, including strong winds.
5. At-fault occurrences to other boats are the responsibility of the helmsman. Competitors are not covered by any liability insurance provided by the organizing authority and should provide their own coverage for personal goods and liability protection. The organizing authority recommends that competitors consult their own insurance carriers to assure they are covered at this event and regarding additional personal liability insurance coverage.
6. A competitor is recommended to have personal accidents and health insurance that covers him while attending the event and while racing.

## **26. OFFICIAL VESSELS**

1. All other race committee vessel will display a white flag with letters RC.
2. Jury vessels will display a flag with the word J or JURY.
3. Press vessels will display a flag with the word MEDIA or PRESS.
4. Failure of an official vessel to fly an identifying flag will not be grounds for redress under RRS 61.1(a).